**Tell Me Something Good**

In this activity, students will gain appreciation of their peers and of themselves. In order to promote a positive, caring atmosphere in the classroom, devote a portion of class for “tell me something good.” The exercise takes valuable time from the classroom, but has very positive effects and sets a tone for working together in the future. During this time, students can share a positive aspect of their life, from school, friends, or family. Taking time for the class to get to know each other promotes a positive environment, builds confidence, and creates a sense of community within the class.

**How to use:**

1. Teach expectations. Inform the class that each day will begin with the activity.

2. Tell the story. Ask the students to raise their hands. Call on three students to share, rotating throughout the year to ensure all students have a chance to share.

3. Share and follow up. To keep the activity focused, explain to students that they should share the highlight of their positive life even.

4. Three claps. After 3 students have shared, the entire class will provide three claps to recognize the positive events that are happening around them.

**When to use:**

- When a classroom environment holds conflict and/or animosity.

- At the beginning of each class.

- During extra time at the end of the class.

**Variations:**

**Compliment Jar**. Place a jar prominently in the classroom. Explain to the students that anytime they have a compliment to pay another student, they can add a compliment to the Compliment Jar. Take time on a specified day of the week to pull and read the compliments.

**Compliment Reflections.** Give time at the end of each class for those being compliment to say thank you.